

Term 3 Week 6

Friday 30 August 2024

Namadgi School Newsletter

MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers,

As we progress through Term 3, I want to take a moment to reflect on our journey and highlight some important updates for our school community.

Our school thrives because of the strong partnership we have with you, our parents and caregivers. Your involvement in your child's education and our school activities is invaluable. Whether it's through attending meetings, participating in events, or simply supporting your child's learning journey at home, your contribution makes a significant difference. We encourage all families to stay engaged and share your feedback with us. Together, we can ensure that our students have the best possible educational experience.

A quick reminder about our school uniform policy: wearing the school uniform fosters a sense of community and pride among our students. It is essential that all students adhere to this policy daily. Additionally, please ensure that students follow our mobile phone policy. Mobile phones should be turned off and stored away during school hours to minimize distractions and maintain focus on learning. Your cooperation in these areas helps us maintain a conducive learning environment.

A heartfelt thank you to our dedicated P&C and the student volunteers who ran the Father's Day stall last week. Your efforts made the event a great success and provided a wonderful opportunity for students to celebrate their fathers and father figures. The enthusiasm and hard work of all involved are greatly appreciated and contribute immensely to our vibrant school community. If you would like to get involved, I invite you to contact Rhodina Ellison via the Namadgi School P&C Facebook page or in writing at hello@namadgi.org.au

As we navigate the complexities of 2024, we have faced some challenging decisions regarding the allocation of staff resources. Balancing the needs of our classroom programs with the support for excursions and sporting teams has been particularly difficult. In line with the Directorate's plans, we have occasionally needed to withdraw teams to ensure that our core educational programs remain strong. We understand the impact this may have and are committed to addressing these challenges as we build our staffing into Term 4. Our goal is to provide more extracurricular experiences and opportunities for our students as soon as possible.

Thank you for your continued support and understanding as we work through these adjustments. We are confident that with your partnership, we will overcome these challenges and continue to offer enriching experiences for our students.

Kind Regards,
Gareth Richards
Principal



2024 School Satisfaction & Climate Survey

Each year, the Directorate surveys all parents and carers, school staff and students in Years 4 to 12 about their experience of public education. The *2024 School Satisfaction & Climate Survey* will be available online from **16 August to 6 September**. The survey results will help us to continue to make quality informed decisions about how to improve our school. No personal identifying information will be provided to any school or college.

For each child in their family who attends an ACT public school, parents and carers will receive:

- A letter about the **student survey** outlining the reasons for collection and privacy provision for the data; and
- An email about the **parent survey**, including a unique link to access the survey. **Genuine survey invitation emails will have the title "The 2024 School Satisfaction & Climate Survey is now open!" and will be sent from EDU Surveys & Evaluation with 'from' address EDUSurveys@act.gov.au.**

If you do not receive the survey invitation, please check your Junk email folder; if it is not there, please contact your school. If you do not have an email listed with the school, please contact the front office for a paper copy.

The Parents and Carers Survey will be available online in other languages: Arabic, Chinese, Hindi, Korean, Urdu, Vietnamese, Punjabi, Bengali, Spanish, Telugu, French and Italian. Respondents can select their preferred language when they start the survey. A shortened paper-version of the Parents and Carers Survey is also available in the following 5 languages: Dari, Dinka, Farsi, Karen and Mon. These surveys are available at the Front Office.

For the results to reflect the opinions of our whole school community, we need as many parents and carers, staff and students as possible to complete the survey. Your feedback is important, and we hope you will take part. For more information, visit: <https://www.education.act.gov.au/public-school-life/school-satisfaction-and-climate-survey>

CHILDREN'S WEEK 2024

Children's Week will happen this year in Term 4, Week 2 (17-23 October).

AWARDS: If someone in your organisation or community makes a difference for children and young people in the ACT, why not recognise their efforts through an ACT Children's Week Award?

ACT Children's Week is keen to acknowledge:



CONTRIBUTIONS TO ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN –

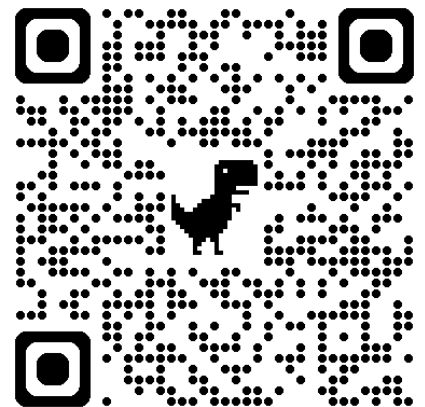
for individuals, groups, or organisations who have worked to improve outcomes for Indigenous children and young people, or who have worked to improve understanding between Indigenous and non-Indigenous groups within the community.

Online Award Nominations can be made until

15 September.

For more information, go to: actchildrensweek.org:

You can also Like / Follow us on Facebook: Children's Week ACT



Book Club catalogues for issue 6 have been delivered to classes. The return date for orders is Thursday 12th September.



Calendar of Events

Date	Event
Tuesday 3 September	Kindergarten Zoo and Aquarium
Tuesday 3 September	Year 7/10 Netball
Tuesday 3 and Wednesday 4 September	Limelight
Friday 6 September	Primary Assembly - Kindergarten hosting
Monday 9 and Tuesday 10 September	ANU Science event Year 6 and 9/10
Wednesday 11 to Friday 13	Year 5/6 Camp
Thursday 12 September	R U OK? Day
Friday 13 September	Whole School Assembly
Monday 16 September	Year 9/10 First Aid
Tuesday 17 September	Year 4 Birrigai
Wednesday 18 and Thursday 19 September	Primary Learning Journey
Thursday 19 September	Year 10 RSA Course
Monday 23 September	Year 1 and 2 Questacon
Wednesday 25 September	Year 9 and 10 Japan trip begins
Friday 27 September	Last day Term 3
Monday 14 October	Pupil Free Day
Tuesday 15 October	First day Term 4

We are encouraging our students to wear hats now in line with our sun smart policy. Students have been allowed to have hats off for a few months and with the warmer weather approaching our expectation has changed. We will redirect students to play under the trees and shade sails as alternatives on sunny days. Please make sure your child comes to school with a hat with their name on it.



Parentline ACT

Parentline ACT offers free and confidential telephone counseling for parents and carers in the Australian Capital Territory. This service provides guidance and assistance on various parenting issues, ensuring you have the support you need with no appointment necessary. Parentline ACT is open on Monday to Friday from 9:00 am to 4:00 pm. For support, call (02) 6287 3833.

Home Energy Tune-up

Though Winter has almost ended, recent electricity and gas bills might still be giving you cold chills. Whether you are a homeowner or renter, assessing your household energy needs can be tricky if you don't know where to start.

Care, Vinnies and the ACT Government's Climate Choices program can help give support and education to families looking to tune-up their home energy needs. These organisations strive to help by offering free draught proofing services and education on how to reduce energy use.

Qualified Vinnies Energy Efficiency officers provide tailored advice, energy efficient appliances (such as throw rugs or curtains), and referrals to other programs. They can also help through modification via installing draught sealing gaps around doors, windows, and vents.

Working alongside the Vinnie's program is the Care Financial Capability team, who can help to review energy bills, set up bill-paying systems, give advice on concessions and rebates, and link households to utility hardship programs. Care also receives funding from ActewAGL and the ACT Government to provide Energy Support Vouchers. These \$100 vouchers to be credited to your ActewAGL electricity or gas accounts.

To contact Vinnies, call 02 6234 7408

To contact Care, call 02 6257 1788

Visit our website www.homeenergytuneup.com.au for more information.



Preschool

Yuma! Wow, what an exciting time we've had at Namadgi Preschool!

We said goodbye to our hatched chicks and ducklings at the end of week 4. Our preschool children loved thinking about and discussing our amazing time with them. Everyone got to experience this incredible beginning of life for these little birds. They connected with the chicks and ducklings with touch, sight and listening – even smell at times! It was a great learning experience, where the children gained many skills. These included confidence and curiosity, communication skills and caring for their world and the animals in it.



Book Week was celebrated in week 5 with magnificent book parades for the preschoolers! The Wallabies and Emus held their own and had a preschool Book Parade on Wednesday for families. It was so much fun parading around as our book characters – the children even had a dance! The Wombats joined in the whole school Book Parade on Friday! They shyly but proudly walked across the stage when it was their turn and waved at the audience. They loved seeing what costumes the big kids were wearing. After our parades, we sat in the sun and read stories, and then shared morning tea with our families. What a great morning for all preschool families and children. We are always reading together and having fun with quality children's books. It was fun in Book Week to pay extra special attention to even more books and stories.



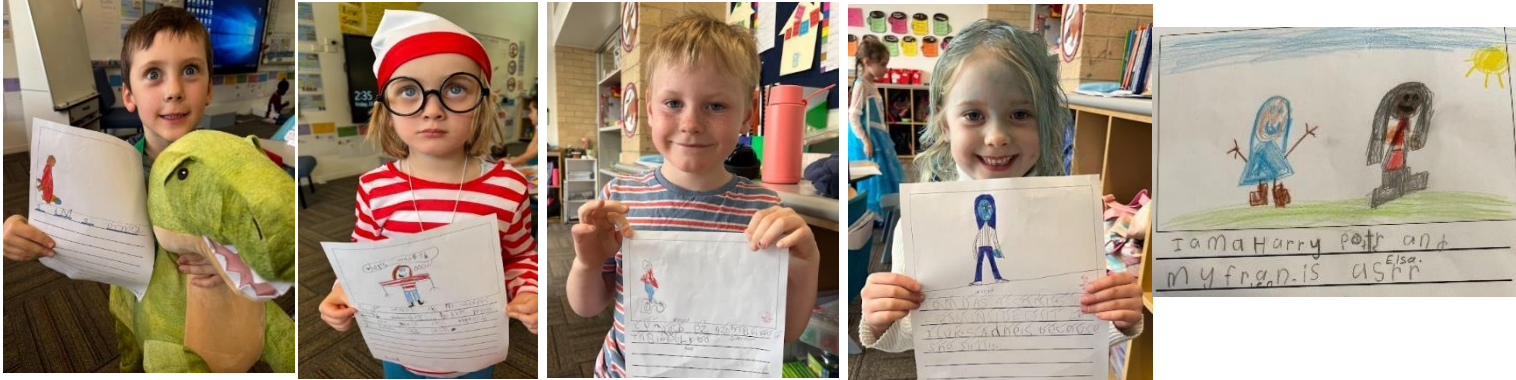
From the Preschool team
Cindy Treverrow,
Rebecca Buchanan,
Mel Goodridge,
Lesley Charlton,
Puneet Sandhu and
Jodie Tolson

Executive Teacher: Jessica Potts



Kindergarten

What a busy term we have had in Kindergarten! Kindergarten participated in Book Week celebrations by reading a different shortlisted book every morning and discussing features we enjoyed, or which book we thought might win. We absolutely loved dressing up as a character from our favourite book and some students brought in their book to share with their peers. Check out some of our book week writing!



Literacy

Kindergarten have started informative writing, developing their understanding of the difference between a fact and opinion. We used the children's book 'Flip Flap Zoo' to explore facts and then made our own class version of a flip flap book. We are very excited for our excursion to the zoo on Tuesday 3rd September, where we will choose an animal to investigate for our next writing task.

Maths

In Maths we have been investigating Addition. We explored 'Friends of Ten' and used our new knowledge to play a range of maths games. We have been learning what '+' and '=' mean, and different strategies for adding quantities together, with a focus on using manipulatives and 'counting on' to solve a range of equations.



Science

This term we have been conducting experiments to determine which materials would make 'The Perfect Package' as part of our Science unit. The plan is for our package to hold a biscuit. No one wants a melted, crushed or soggy biscuit, so we looked at which materials are waterproof, will not crush or overheat. This week we designed our package, choosing which materials we think we will best hold our biscuit. We are so excited to start making our packages next week. Stay tuned to see how our biscuits go!



Kindergarten Team:
**Danielle Smith, Ali Ringland
and Kimberly Circosta**
Executive Teacher: **Kristy Grady**



Year 1 and 2

Academy of Science

Students have continued to engage in weekly Science lessons where Paula from the Academy of Science visits Namadgi to present exciting lessons focusing on our Solar System. For Science Week students had a particularly big surprise and had the opportunity to travel into space through the Planetarium run by Kent from the Academy of Future Skills. Inside the Planetarium felt just like floating in space where students were able to see all the planets, learn about their orbits, and even 'land' on the Moon and Mars.



Bullying No Way Week

On Wednesday 14 August students were encouraged to wear purple in support of Bullying No Way Week. Students took part in an activity where they celebrated who they are as a person and how being different is ok. Students drew a self-portrait of themselves in the centre of a flower and then drew all the things they liked in the petals. The key message being;

When we feel like we belong, bullying struggles to find a place. It's about embracing who we are, respecting everyone's differences and standing up together against unkindness.

Belonging means we all have a role in preventing bullying. We're encouraged to speak up and create a safe place where everyone feels supported and respected, and our voices are heard and valued.



Integrated Inquiry Unit

As part of Year 1 and 2's integrated Inquiry unit students have been able to



experience some of the events that happen within the Olympic games. Some of these events have included basketball, soccer, swimming using scooter boards, and hockey. Students are taught the skills of each sport explicitly before playing the sport in teams. After week 5, students will get to participate, and learn the skills of gymnastics, tennis, volleyball, weightlifting, and goalball.



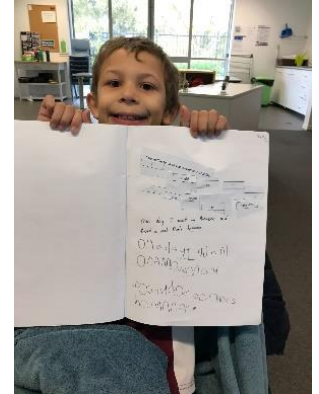
Year 1/2 Teaching Team:
**Jessica Laing, Trista Ellison,
Jordan Glavinic and Lucy
Adams**
Year 1/2 Executive Teacher:
Kristy Grady



Primary Small Group

Exciting news! The small group classes will soon host assembly! It will be on Friday September 20th, at 9:15am in the Vpac. We would love to see our families there to support our students.

In K-2BR we have been looking at how sentences are constructed. We have noticed that they start with a capital letter, end with a full stop and contain nouns. We have been exploring this by examining our reading books, practising speaking in full sentences, editing our writing and reconstructing cut up sentences. This work is individualised to each student's level of need. Our students are becoming more independent when engaging in handwriting practise and utilising resources in our room such as alphabet charts.



In 3-6NO and 2-6MS we have been learning Hockey with ACT Hockey. The students have learnt to dribble and how to take the ball off our opponents. The classes are having lots of fun and enjoy learning a new sport.

Last week we enjoyed Book Week, with dressing up in our favourite book characters. Friday's parade was spectacular with some fantastic costumes to be seen. During the week the students did literacy activities on the 'Bowerbird Blues' book. During Mathematics, 2-6MS have been looking at money and counting out change during different transactions. 3-6NO have been looking at time and elapsed time, working on telling time to the nearest minute.



For our Year 5 and 6 students, camp is fast approaching in week 8. Remember if you have any worries please do not hesitate to reach out to your child's teacher with any questions or concerns.

From the K-6 LSU team

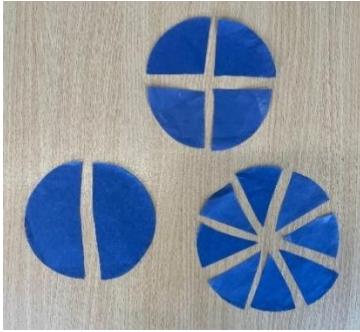
Belinda Rathborne, Narelle O'Callaghan, Merrilyn Sparks and Mel Goodridge

Executive Teacher: Jessica Potts



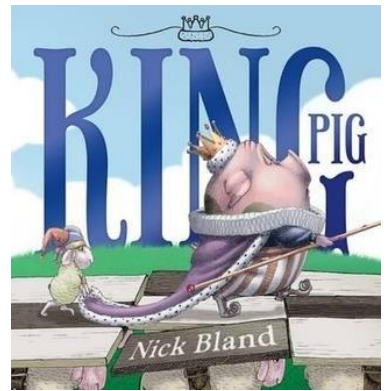
Year 3 and 4

Year Three had a wonderful time celebrating Book Week in Week 5! We thank all of our families for helping their children with their costumes and getting them excited about reading. The teachers from our villa all dressed up as characters from different books by Jory John. We thank Chloe, our wonderful Learning Support Assistant (LSA), who hand painted all our costumes – you are so talented!



In Numeracy, we have begun learning about fractions. Year 3 are enjoying using hands on materials to create halves, quarters and eighths and will soon begin exploring how fractions can be represented in different ways.

In Literacy, we are diving into narratives and learning about text structure. To learn what makes a 'good' narrative, we have been studying *King Pig* by Nick Bland. This brilliant story is helping us understand how to orientate a reader, before introducing a complication for the characters to resolve. It will be a great resource to reference as we begin to write our own stories over the coming weeks.



The long-anticipated year 4 Olympics finally happened last week! The students were geared up for a session of competition and fun. The students were split into their teams, where they chose what country they were playing for and who would be their captain. Then the events began! We had soccer, basketball, long jump, shot put, shooting, and running. Everyone gave it their best and had a great time.

The winners were:

For running – girls:
 1st: Luella
 2nd: Zainab and Ella
 3rd: Emillia

Boys:
 1st: Raffa
 2nd: Logan and Kylar
 3rd: Noah

Country:
 1st: New Zealand
 2nd: Scotland
 3rd: Australia

But the biggest winners were year 4 as it was a very successful and fun session.

Thank you for all your support.
 Year 3

Caitlin Walker and Brielle Riley,
 Executive Teacher: **Anthea Theodoridis**

Year 4

Cintha Thompson, Sammy Grall,
 Shannon Kumar
 Executive Teacher: **Anthea Theodoridis**



Finalists for showcasing STEM!

We are thrilled to announce that our Kitchen Garden program has been selected as a finalist for the National Kitchen Garden Awards in the 'Showcasing STEM' category! This recognition comes as the Stephanie Alexander Kitchen Garden Foundation celebrates 20 years of supporting schools in developing lifelong learning and practical skills through engaging kitchen and garden activities. Our mission has always been to inspire a passion for growing and cooking healthy food while fostering a joy of sharing meals together.

This recognition highlights the remarkable efforts of our kitchen garden team, who have passionately integrated science, technology, engineering, and mathematics education into their engaging and practical approach. For more information on the National Kitchen Garden Awards go to

<https://www.kitchengardenfoundation.org.au/finalists-national-kitchen-garden-awards-2024>

Donations needed for upcoming plant sale:

- small empty plastic plant pots



- plant cuttings, flowering plants, herbs etc.

Please drop off at the Kitchen Garden

Sustainable cooking to prevent Food Waste



Students have enjoyed participating in the practical side of their design and technology unit by preparing nutritious and sustainable recipes as part of their involvement in the Oz Harvest FEAST program (Food, Education, and Sustainability Training). So far, they have enjoyed testing Oz Harvest recipes including banana bliss balls, banana pancakes, rolled salad sandwiches and Bircher muesli. Recently 4SK had the honor of serving morning tea to Mr. Richards. He enjoyed tasting their creations and sharing stories at our shared table. We encourage families to join their children in preparing

and cooking the recipes at home. Please join the Kitchen Garden class via Google Classroom. Code: **hvti4a6**.



Students have been exploring various 'paddock to plate' food journeys, discovering the origins of their food from around the globe, and learning sustainable sourcing and disposal practices.

Julie White, Lydia Desmet, Kathryn Glanville
Executive Teacher: **Anthea Theodoridis**



Year 5/6

Reminders

Please remind your child to pack a hat and ensure that they have a drink bottle when at school.

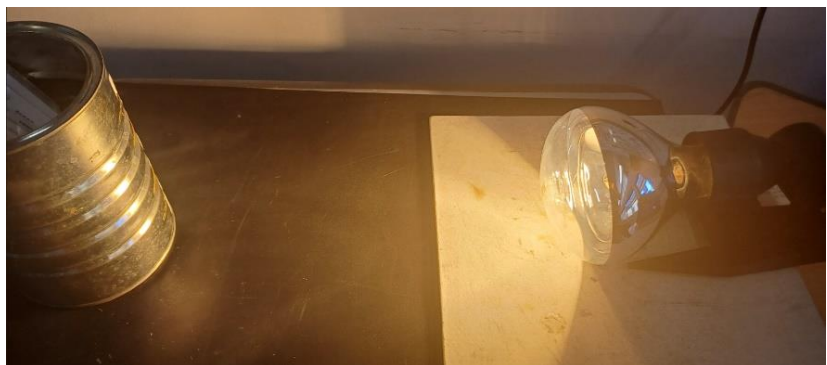
The Year 5/6 team have continued to work hard and have lots of fun over the last few weeks. We can't believe it is over halfway through the term already!

Last week we celebrated Book Week with students embracing the opportunity to celebrate literature by dressing up as their favourite book characters. From magical wizards to childhood favourites and beloved heroes, the range of costumes was truly impressive! A huge thank you to all parents and carers who helped put together these amazing costumes, it was so wonderful to see most of our students get into the spirit of Book Week and celebrate their love of reading.



In our Writing unit this term, we have been focusing on the skill of writing to inform. Students have been delving into the world of fact and opinion and are learning to critically analyse sources to determine whether the information presented is factual or a matter of opinion. This skill is vital for developing their research abilities and understanding the importance of credible information. Through various activities, including debates and source evaluations, students are enhancing their ability to distinguish between objective facts and subjective viewpoints. We have had so much fun reading through fake AI generated new articles about Donald Trump going to space with his pet cat and looking up factual and reliable information about many weird and wonderful topics. Students are developing a keen eye for detail and critical thinking during these activities, which they will now apply when completing a biography about a person of interest to them.

Science this term has been nothing short of illuminating—quite literally! Our focus has been on the fascinating topic of light. Students have been busy experimenting with how light behaves, exploring concepts such as reflection, refraction, and the colour spectrum. Hands-on activities, including creating simple optical instruments and conducting experiments with prisms, have helped bring these concepts to life. The enthusiasm and perseverance shown during these lessons has been amazing as students have been eager to share their discoveries and understanding of how light interacts with the world around us.



5c Fundraiser

Thank you to all who unloaded their purses, pockets, money boxes, junk drawers, car gloveboxes, between lounge cushions and many other places where 5c pieces can hide.

Over ten thousand coins were collected, raising a total of just over \$500.

Reminders-

As the weather is warming up, please remind students to pack their labelled drink bottles and hats in their school bags.

Year 5/6 camp is nearly here! Students will be heading off to AGH Camp from Wednesday 11th of September to Friday 13th of September 2024 (Week 8) communication went home with students last week with a suggested packing list and run down of daily schedules while students are away. If you have any questions or concerns, please feel free to contact your child's teacher via email or through SeeSaw.



Year 6 Fun Day is fast approaching! Students have been busy proposing their stall ideas to teachers, creating a budget and working out which goods or services they will be providing on the day. More information will be communicated home in the coming weeks, so keep your eyes peeled!

Looking forward to a productive, busy and fun next few weeks!

Year 5/6

Emma McLeod, Shannen Talbot, Tamazin McGrath and David Lindsay

Executive Teacher: Shannon Black



Senior School




Attention Year 10 parents

The following vaccine will be offered FREE as part of the ACT High School Immunisation Program in Term 3 or 4.
Meningococcal ACWY

Please keep an eye out for consent cards being sent home with students late in Term 3 and due back to school on 30th August 2024.

If your child misses this vaccine at school and you have returned a consent card indicating your wishes to have your child vaccinated, you will receive a letter in the post.

The vaccine will be available FREE from your GP or a participating pharmacy until your child's 20th birthday.

-  Consent cards are available at your school OR download one from our website.
-  Sign and complete the card. Return it to your
-  school ASAP.



Scan for more information or call **02 5124 1585**

Year 10 Work Experience / Careers

During Week 4 of this term, our Year 10 students took a significant step towards their future careers by participating in a week-long work experience program. They ventured into a wide range of industries, including childcare centres, hairdressers, trades, accounting firms, and more. This hands-on experience provided them with invaluable insights and a clearer understanding of potential career paths. It's fantastic to have you back at school, Year 10's, and we look forward to seeing how these experiences will shape your future endeavours!





WEX Executive Teacher: Stacey Freedman



English, Humanities and Language Faculty

We have had a busy start to the term in the English, Humanities and Languages faculty. We wish to welcome our new LSA staff of Britney Staines and Alicia Nguyen to assist us with supporting students in improving their literacy and numeracy understanding.

English

Throughout Term 3, each year group has been busy with new units and are thoroughly engaged in the real-world aspects we try to take in engaging our students in the English curriculum.

The units for study are:

Year 7 - Media (completed) and "Love to Read" - Self-directed reading unit

Year 8 - Director Study

Year 9 - Persuasion in the Media

Year 10 - MacBeth

In Humanities, we are continuing to make class work and assessment as practical as possible. As a result, your child may come home saying they made something or played a role play game, so that students can experience their learning rather than just reading about it. In each year, students are studying:

Year 7 - Deep Time

Year 8 - Landforms and Landscapes

Year 9 - Biomes and Food Security

Year 10 - Business and Economics

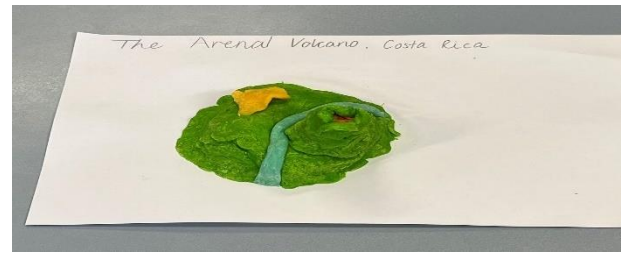
In Japanese, Years 7 to 10 are learning about schools and its environment. Year 9 and 10 have been learning about transport. This has included activities such as finding their way around particular cities in Japan.

A huge thank you to everyone who came and supported the Bunnings BBQ fundraiser for the Japan trip and Bunnings Tuggeranong. A big thank you to Mr Raven, Mr Kajitani and Ms McKenzie for organising and running this event.



Already in Year 10 Humanities, students have been learning about the stock market as a part of their studies. For one of their assignments, students have been given theoretical \$10 000 to spend on the stock market and over the course of the term, we will see who can make money. To make it interesting, we are offering a prize to the top three students who make the most amount of money.

Within Year 8 Humanities students have been looking at landforms. As a result, there has been a lot of drawing, sketching and model making so that students can show their understanding. In particular was the task where students used playdough to make a landscape of their choosing. Please see below the work that our students produced.



The Year 8 students also went on an On Country walk to Urambi Hills Nature Reserve. There Namadgi School Indigenous Education Officer, Joe Chapman- Freeman spoke to the students about the importance of Urambi Hills to the Ngannawal people. We saw the Coolamon trees, which have been date to be over 10,000 years old, learnt about the uses of Black Wattle and what berries not to eat in the Canberra region. The students had a wonderful time and have requested to go again - so watch this space! A big thank you to Joe from all of Year 8.



Staff: Ben Raven, Masaya Kajitani, Nathan Kalinowski, Michael Thomas, Britney Staines, Alicia Nguyen.
Executive Staff: Dzintra Jones



HPE, Arts and Tech

During Week 4 of this term, 14 enthusiastic Year 7 and 8 girls proudly represented Namadgi at the Soccer Gala Day. The team participated in four games as part of a round-robin style competition. While the girls didn't come away with a win, they had an amazing day playing soccer together and building team spirit. The girls were commended for leaving their area clean and rubbish-free. Great job, girls!



This Wednesday, 25 high school students represented Namadgi at the Regional Athletics Track and Field Carnival. These students earned their spots by qualifying at our school athletics event last term. Despite the windy conditions, it was a fantastic day to be outside, and our students competed with determination throughout the day. We extend our best wishes to those who qualified for the ACT championship event later this term—well done, and good luck!



Steph Johnston, Hayley Borg, Josh Hart, James Hamilton, Micky Thomas, Mindi White, Jade Payne, Charlie Doherty & Steve Rudic

Executive Teacher: Maddie Clayden



Maths and Science

Week 4 of this term marked the celebration of National Science Week, a time dedicated to sparking curiosity, exploring new ideas, and deepening our understanding of the world around us. This year's theme, "Species Survival – more than just sustainability," was especially significant as it emphasized the vital role that innovation and scientific research play in keeping ecosystems strong and resilient. Our students engaged with this theme through a variety of exciting and educational activities.

On Wednesday, 21 of our Year 9 students had the privilege of visiting the CSIRO Bushfire Research Laboratory, part of Australia's leading scientific research organization. The visit was an eye-opening experience, offering students a firsthand look at cutting-edge research aimed at understanding and mitigating bushfires. A highlight of the visit was witnessing two different types of wind tunnels used by scientists to simulate bushfire conditions. One of these wind tunnels is specifically designed to study how embers, capable of traveling up to 40 kilometers, can ignite new fires far from the original source. The students were fascinated by this demonstration, which brought home the real-world applications of scientific research and its importance in protecting our environment.



Meanwhile, our Year 7 science classes have been diving into the world of physics, particularly the study of forces. To bring these concepts to life, students participated in a practical science class where they created their own parachutes. This hands-on activity allowed them to observe the main forces at work—gravity and drag. As they released their parachutes, students saw how gravity pulls the parachute downward, causing it to accelerate towards the ground, while drag acts as a counterforce, slowing the descent. This simple yet effective experiment helped students better understand the principles of physics in a fun and engaging way.



Emily Corke, Amy McFarlane, Jade Payne, Charlie Doherty & Dhanashree Vedanti

Executive Teacher: Stacey Freedman



This term we have been fortunate enough to have Rav from Capital Regional Community Services, Emma Manton from the Em Collective and Justin from Make the Time, running a range of different programs with the students. We also have the farm back this term. The students have really enjoyed these programs and what they are offering.

BUNGEE

Rav is running a program called Bungee. It is an inclusive resilience-building program that promotes social connection and emotional well-being through the arts. Bungee offers a suite of art-based programs in schools and community settings. It fosters a supportive environment that encourages participants to socially connect with others and develop new and existing artistic skills.



The EM Collective

Emma has been loving her time at Namadgi running two programs with us. The first one is called magic and me. Emma Manton is a certified meditation teacher and designed this program to help young women learn about the power they hold within, learn how to manage their emotions, while learning how to regulate their feelings and nervous system and to grow confidence and resilience through mediation.

The second program is called the Kindness Vibe. It is a program which focuses on girls and young women, growing self-confidence and learning how to celebrate who they are so they don't fall into the comparison trap.



Perseus

Justin from Make the Time is running a targeted program with our year 7 and 8 boys called Perseus. This program focuses on engaging in targeted learning activities within the unique environment of Viking Park. This shift in setting aims to cultivate heightened concentration, increased focus, and enhanced engagement, thereby positively influencing their overall performance at school. The primary objective of the Perseus program is to fortify students' resilience and foster a sense of camaraderie among participants, contributing to their holistic development and well-being.